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# Christian Science Sentinel



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"What I say unto you I say unto all, WATCH."—Jesus



GOD'S  
INESCAPABLE  
PRESENCE

ARGUE ON THE RIGHT SIDE!  
KEEPING PACE WITH OUR PROGRESS

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[The next issue of the Sentinel, May 23, will include articles and an editorial focused on "Church-Outreach-Community."]

Founded in 1898 by Mary Baker Eddy,  
 Author of the Christian Science Textbook,  
*Science and Health with Key to the Scriptures*



Marca Registrada

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# Christian Science Sentinel®

Marca Registrada

"What I say unto you I say unto all, WATCH." Jesus

## Keeping Pace with Our Progress

ARNOLD H. EXO

To heal in the way Jesus healed is to heal by means of prayer. Such prayer not only rejects the lie that evil is real but also includes the awareness that Truth is just as omnipotent and effective in this age as it was centuries ago when Christ Jesus taught and demonstrated, through healing, that God is ever present and omnipotent.

The need to act upon a growing understanding of God's ever-presence and omnipotence was brought out at the Annual Meeting of The Mother Church, June 18, 1902. The necessity for additional seating capacity was discussed. The assembly pledged funds to build an extension to the existing church edifice. In supporting the desirability of such action, one of Mary Baker Eddy's students stated, "We need to keep pace with our own growth and progress."<sup>1</sup>

Christ Jesus made it clear that "growth and progress" should not be tucked away on a shelf with a "maybe sometime" intention to make it practical. In fact one of his last directives to his followers



was: "Go ye into all the world, and preach the gospel to every creature."<sup>2</sup> In the Christian Science textbook, *Science and Health with Key to the Scriptures*, Mrs. Eddy classified these action words of the Master's as "imperative commands." She writes: "Hear these imperative commands: 'Be ye therefore perfect, even as your Father which is in heaven is perfect!' 'Go ye into all the world, and preach the gospel to every creature!' 'Heal the sick!'"<sup>3</sup>

The Master's commands illumine the blueprint of action restored to you and to me by Mrs. Eddy's discovery and founding of Christian Science. And for all mankind. And for the ages to come. You and I, thanks to Mrs. Eddy's discovering and founding, can have a happier human existence shaped by our spiritual growth and progress—that is to say, we can if we keep moving forward in our demonstration of what we grasp of the healing Christ, Truth.

That, through prayer, mortals have access to God and His healing Christ is no theory to me. I well remember an experience I had years ago. During World War I, still in my teens, I enlisted in the Army. Because of the need for certain skills I had, in a few weeks I was on the high seas, en route to the French war zone. During the dark night hours the ships in our flotilla navigated without lights so as not to stir any lurking enemy submarines. One night, a day or two from our destination, the troopship I was on and another in the same flotilla collided. Our ship, the more heavily damaged, began to sink in the heavy sea swells.

In the confusion I prayed as I had been taught by my parents, both Christian Scientists, and as I had learned in Christian Science Sunday School. My prayers that night were the most earnest I had ever prayed. They were not a mere repetition of words. I really reached out to God that night.

I was not afraid. I declared that God's love was ever present and could and would save us. And it did.

Gradually the seas quieted. Soon our pumps were pumping the water out of the ship's hold faster than it poured in. Two days later we limped into Brest harbor. The captain of the ship said it was a miracle we had survived.

Over the years the memory of God's manifested presence and power that night has helped me many times to stand steadfast when error would have tempted me into believing it was real. Without

fully realizing it that night, I had kept pace with unplumbed "growth and progress." I could see that our spiritual understanding is always adequate to our need—but we must actively apply it.

When Jesus' disciples questioned him why they had failed to heal the epileptic, the Master's answer was specific and instructive. Commenting on his reply, Mrs. Eddy writes: "When his disciples asked him why they could not heal that case, Jesus, the master Metaphysician, answered, 'Because of your unbelief' (lack of *faith*); and then continued: 'If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove.' Also he added: 'This kind goeth not out but by prayer and fasting' (refraining from admitting the claims of the senses)." <sup>4</sup>

All who would heal as the Master healed must keep pace with their own spiritual growth and progress by putting into practice all they understand of Truth. They must be alert and vigorous in annulling "the claims of the senses" by not only discerning but *knowing* that God and His healing Christ truly are ever with us, available to meet our every need.

<sup>1</sup> Quoted in Mary Baker Eddy, *The First Church of Christ, Scientist, and Miscellany*, p. 8; <sup>2</sup> Mark 16:15; <sup>3</sup> *Science and Health*, p. 37; <sup>4</sup> *Miscellany*, p. 222.

## THE PROMOTION

Swing low, brave heart,  
renounce pride and place;  
purity and purpose  
are held in Mind, the Father-Mother God.  
The child you are,  
spiritual and real, is seen by all,  
promoted in the joy  
of doing good.

WILLIAM B. LYNCH



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# Argue on the Right Side!

MADGE HEYWOOD

Do you talk to yourself? You may not realize it, but you do. You are constantly carrying on a mental conversation, consciously or unconsciously. This can have a very marked effect on your health and happiness.

The question is, What are you telling yourself? Are you declaring and affirming your perfect status as one of the sons and daughters of God, Spirit, or are you saying that you are a mortal, subject to sickness, lack, weariness, or discouragement?

Mrs. Eddy writes, "If we observe our mental processes, we shall find that we are perpetually arguing with ourselves; yet each mortal is not two personalities, but one."<sup>1</sup> It would seem at times that conflicting voices are striving to be heard in consciousness, but in reality there is only one worthy of a hearing. This voice, the utterance of spiritual sense, silences the claims of material sensation, the belief of life, substance, or mind in matter.

The Bible tells us, "A double minded man is unstable in all his ways."<sup>2</sup> Christian Science rejects the belief that there are two states of mind comprising a dual personality subject to alternating states of depression or cheerfulness, health or sickness. Man in Science is the reflection of the one omnipotent Mind, which knows only its own unchanging perfection and harmony. Thus man cannot be double-minded; he is receptive only to the impartations of the one, all-harmonious Mind, God.

Christ Jesus wasn't influenced by the insidious suggestions of the carnal mind. During his testing time in the wilderness, the subtle taunts of the devil, or evil, found no response in his pure consciousness. He was constantly aware of his spiritual selfhood as the Christ-idea; he stressed his oneness with his Father, God, as the source of his every thought and act. Thus he was divinely em-

powered to refute the testimony of the physical senses as false and baseless.

Like our Way-shower, we too can refuse to heed the satanic challenge, "Cast thyself down."<sup>3</sup> Mortal belief is of itself powerless to influence us without our consent and can only whisper its crafty lies to the unwary. Any information coming from supposititious mortal mind is deceptive and illusory, without origin or foundation in fact. Each subtle falsity that presents itself in the guise of sin or sickness should be summarily dismissed as "a liar, and the father of it."<sup>4</sup>

We should not allow our thought to be dictated to. We should do the dictating. In any situation we can at once decide to replace fear with confidence, assert our God-given authority over the beliefs of pain or sickness, and contradict the falsities of material sense with the truths of spiritual sense.

We argue on the wrong side when we tell ourselves we are weary, unhappy, or unfortunate. Instead we should be telling ourselves we are the everlasting expressions of the all-harmonious Being, God. We should be affirming our indestructible perfection as the reflection of eternal Mind, denying and rejecting the belief that we are material, subject to discord, fear, or pain. We are each of us responsible for our own thoughts, which determine our human experience and welfare.

To those burdened with sadness or despair Mrs. Eddy's words show the way of comfort: "If you wish to be happy, argue with yourself on the side of happiness; take the side you wish to carry, and be careful not to talk on both sides, or to argue stronger for sorrow than for joy. You are the attorney for the case, and will win or lose according to your plea."<sup>5</sup>

Such argument has no relation to autosuggestion or human will-power but is based on reasoning spiritually from a spiritual standpoint, whereby we realize that joy, dominion, and happiness are qualities of Soul, God, forever inherent in man, His image. Because of our unity with the divine Principle of harmony, we reflect and express lasting satisfaction, spontaneity, and joy. Thought thus divinely and intelligently directed is treatment in Christian Science. It is the prayer of affirmation by which we become more aware of our true identity as the likeness of God and of the divine power



and authority with which we are endowed to demonstrate this fact.

If the material senses insist that you are suffering from a physical ailment, you do not have to believe this. You can at once begin to argue on the side of invincible Truth. In dealing with sickness, it is encouraging to realize that we do not have to strive and struggle with a power—even a seeming power—operating in opposition to the divine law of harmony. The unreality of disease is exposed in the presence of Truth, Life, and Love. The understanding of God's presence nullifies error's claims with the assurance that they have no foundation or cause apart from what mortal mind ascribes to them.

Mrs. Eddy explains how people are victimized by their own enslaving beliefs: "The sick unconsciously argue for suffering, instead of against it. They admit its reality, whereas they should deny it. They should plead in opposition to the testimony of the deceitful senses, and maintain man's immortality and eternal likeness to God."<sup>6</sup>

Denying the validity of disease beliefs may require vehement insistence on our part. But by flooding our consciousness with affirmations of man's perfection as God's own likeness, we silence "the testimony of the deceitful senses," and harmony prevails.

Although the word "argue" usually implies contention between two opposing sides, one dictionary derivation of the word is "to make clear." And that is just what spiritually scientific argument based on Christian Science does; it makes clear to human comprehension the omnipotence and omnipresence of God, good, and the consequent impotence of any claim to the contrary.

Working and praying from this standpoint, we find that our arguments rise from the level of mere human reasoning and conflicting mortal opinions; they become positive, effective declarations of spiritual verities, carrying divine authority and power. As the understanding of God as the only Mind and of man as His reflection expands, we attain that state of single-mindedness in which we are aware of the constant flow of positive spiritual ideas, regenerating and purifying consciousness. Then we know how to base our arguments on the right and only side.

<sup>1</sup> *Unity of Good*, p. 21; <sup>2</sup> James 1:8; <sup>3</sup> Matt. 4:6; <sup>4</sup> John 8:44; <sup>5</sup> *Christian Healing*, p. 10; <sup>6</sup> *Science and Health*, pp. 394-395.



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Love has been there right along

# God's Inescapable Presence

RICHARD C. BERGENHEIM

Many of us have probably seen a child dissolved in tears because he has convinced himself that no one loves him. In fact, at that very moment he may be surrounded by the tender love and concern of parents, grandparents, and friends. Obviously, then, he is suffering from a delusion; he will soon stop crying and recognize and respond to the love that has been there right along.

Divine Love is omnipresent. The fullness of God encompasses all being—yours and mine. We need to recognize the illimitable perimeter of Love and see that we are forever included within its realm. Furthermore, this helps us feel securely at one with our divine source. As God's children we are included in the realm of Spirit.

But don't we often feel like the tearful child?

We know that God establishes health, yet insist we are ill. We know that God supplies every need, yet we accept lack. Forgetting temporarily that Life is the fact of being, we mourn. But we cannot actually exclude ourselves from the infinite love and care God provides.

God embraces each one of us in Life. For centuries a well-loved psalm has assured mankind of this precious fact. We can share the Psalmist's glimpse of the utter allness of our Father's presence: "Whither shall I go from thy spirit? or whither shall I flee from thy presence? If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there. If I take the wings of the morning, and dwell in the uttermost parts of the sea; even there shall thy hand lead me, and thy right hand shall hold me."<sup>1</sup> Wherever we may be, wherever our experience may take us, wherever our thought may lead us, our Father is still near, still present. As we emerge from the delusion that God could be absent

or that we could have been divorced from our perfect selfhood, Love washes us from sin, frees us from fear and pain, and delivers us from all evil and distress.

Christ Jesus showed that no dimension of life can be excluded from God's presence. He declared: "Before Abraham was, I am"<sup>2</sup> and "I and my Father are one."<sup>3</sup> The presence of God is forever reflected by man, purely, perfectly, wholly. Nothing can separate us from the Love that is God. Acknowledging that throughout eternity we have ever been in the presence of God, we see the ridiculousness of supposing that now He might have deserted us. His presence is immeasurable, unboundable, for God is All-in-all.

Divine Principle, Love, governs man, and the harmony and order of God's reign are manifested in health.

If we feel challenged by the apparent evidence of sickness or disease, we may not appreciate being told that we have been as deceived as the weeping child. Sickness may argue that we are now living outside the realm of God and thus imperfection, pain, and discord must be coped with. Accepting this lie, we may be spending much time struggling to reenter His kingdom, to regain our health. But what happens to this argument when we realize, as Paul told the Athenians, that it is "in him we live, and move, and have our being"?<sup>4</sup> We are not outside the sphere of His presence trying to break in; His presence surrounds us, and knowing this is our protection. Spiritual sense restores and maintains health.

Healing begins as we disassociate ourselves from the arguments of mortal mind and entertain the true ideas of spiritual sense. Replying to the arguments of mortal mind, Mrs. Eddy writes, "It is ignorance and false belief, based on a material sense of things, which hide spiritual beauty and goodness." On the same page she continues: "This is the doctrine of Christian Science: that divine Love cannot be deprived of its manifestation, or object; that joy cannot be turned into sorrow, for sorrow is not the master of joy; that good can never produce evil; that matter can never produce mind nor life result in death. The perfect man—governed by God, his perfect Principle—is sinless and eternal."<sup>5</sup>

Since sickness and disease are delusions of mortal sense, little

—if anything—can be accomplished by focusing our attention on them. Delusions are rectified by understanding. Understanding comes by determining the scientific facts of the situation. These are clearly discernible and are forever at hand.

Man is idea, and he dwells in the bosom of Love. An idea has life whenever it is in consciousness. In the human realm, what we call ideas may be lost, forgotten, discarded, or outdated; but man, the idea of God, dwells forever in the consciousness of divine Mind. The substance of man is his expression of divine Truth, Life, and Love. Mind is forever conscious of each and every idea in its creation.

Universal good must fill the universe. Although it is essential to see that this must include our home or school, our neighborhood and working place, our country and world, we must be certain to acknowledge that universal good fills our being, our whole consciousness. The recognition of this is the evidence of Immanuel, of God with us.

The Bible constantly proclaims the goodness of God and His creation; His compassion and care for men; His omnipotence and omnipresence. Scripture abundantly illustrates that the Christ, Truth, heals sickness and sin and destroys the power of death. Wherever and whenever turned to, God is found to be "a very present help in trouble."<sup>6</sup> This is not merely a historical fact; it is an eternal, ever-operative truth, and is being demonstrated in many parts of the world.

It is important to recognize this evidence and its import. Speaking of rising above the testimony of the material senses, Mrs. Eddy promises, "These clearer, higher views inspire the Godlike man to reach the absolute centre and circumference of his being."<sup>7</sup>

So we can wipe away foolish tears and flourish in the radiant rays of divine, ever-present Love.

<sup>1</sup> Ps. 139:7-10; <sup>2</sup> John 8:58; <sup>3</sup> 10:30; <sup>4</sup> Acts 17:28; <sup>5</sup> *Science and Health*, p. 304; <sup>6</sup> Ps. 46:1; <sup>7</sup> *Science and Health*, p. 262.



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# Spiritually Based Endeavor

SHIRLEY SELBY

True activity has its source and substance in God. When we understand this—that activity reflects the ever-operative divine Mind and is embodied and expressed by the real man, who images forth God’s perfection—we are able to raise our standards of thought and action to orderliness and harmony. This brings effective results and satisfying accomplishments to daily endeavor.

In the light of Christian Science, or the Science of Christ, the saying “The busy person is the happy person” can be true only if his motives and goals, rather than being matter-based and mundane, are spiritually oriented and inspired. To the extent that one’s aims and actions are based on divine Principle, Love, and unfold through an understanding of the allness and oneness of Mind, will they bless oneself, as well as others. Mrs. Eddy writes, “The predisposing and exciting cause of all defeat and victory under the sun, rests on this scientific basis: that action, in obedience to God, spiritualizes man’s motives and methods, and crowns them with success; while disobedience to this divine Principle materializes human modes and consciousness, and defeats them.”<sup>1</sup>

Contemplating this, we can reexamine our day-to-day habits and routines. More importantly, we will appraise our goals more intelligently to see if the energies we are expending are worthwhile. Devotion to an ideal and hard work are admirable. How important it is to make sure our methods, too, are right, constructive, and beneficial to all concerned. Mrs. Eddy’s definition of “zeal” in *Science and Health* is clarifying; the first part reads, “The reflected animation of Life, Truth, and Love.” The second half of the definition describes the counterfeit as “blind enthusiasm; mortal will.”<sup>2</sup> The zealous person actively expressing modes of mortal thought is

apt to disrupt and antagonize and may gain only meager satisfaction for all his determined hard work.

True zeal gives unrestricted activity, freedom, and progress. Whatever our field of labor or service—be it picking grapes or making decisions of consequence for nations and the world—we will be constructively productive. We will experience harmonious, successful, satisfying results if we base our efforts on the realization that intelligence and action are not independent, personal capabilities possessed in limited and varying degrees, but rather qualities that man reflects as an idea of God, Mind.

The faithful Apostle Paul recognized the zeal that is not according to knowledge: "For they [Israel] being ignorant of God's righteousness, and going about to establish their own righteousness, have not submitted themselves unto the righteousness of God."<sup>3</sup>

Erroneous suggestions can creep into every stratum of human endeavor. Household chores may be willfully or doggedly pursued as tedious, humdrum ritual, untouched by true consideration and love. The business or professional person in his pursuit of excellence and achievement may allow selfish ambition and authority to make exacting, impossible demands on others, causing friction, disharmony, and ruptured relationships. The socially active person can become the victim of frivolity. Mere motion, or purposeless activity—if we let it—can steal away our days and sap our energy.

We should take as our model the life and works of Christ Jesus. His days exemplified consistently that harmonious activity and healing results stem from faithful obedience to God's spiritual law. He proved that adherence, first and foremost, to Principle, Love, Spirit, develops in us an ever-expanding awareness of good, usefulness, order, productivity, and happiness.

Jesus' rebuke to Martha, who was complaining that her sister Mary was not busying herself with the mundane matters of the moment, shows the importance he put on one's effort to spiritualize consciousness. He knew that one's earnest endeavor to comprehend more of the spirit of Truth and Love results in lasting blessings and must take precedence. He said, "Martha, Martha, thou art careful and troubled about many things: but one thing is needful: and Mary hath chosen that good part, which shall not be taken away from her."<sup>4</sup>

There are many ways to tell if limited, willful, matter-based thinking and acting are giving way to a more spiritual approach to living. The seeker after Truth gives study and prayer their rightful place in his daily activities. As the student of divine Science, or Christian Science, directs his energy first to the perception and cultivation of spiritual sense, he expresses more grace and joy.

He gains a growing sense of love for his fellowman. There is buoyancy in his approach to everyday challenges. Fatigue and discouragement yield. Personal whims and petty concerns fade out. A deeper appreciation for the good and beautiful develops. His well-being and his relationships improve. There is release from the pressure of self-seeking gain as he understands in increasing measure that God is all-acting, all-powerful, all-harmonious.

We are fulfilled and satisfied as we acknowledge ourselves, as well as others, to be God's ever-present, ever-harmonious reflection. Mrs. Eddy explains: "Through the accession of spirituality, God, the divine Principle of Christian Science, literally governs the aims, ambition, and acts of the Scientist. The divine ruling gives prudence and energy; it banishes forever all envy, rivalry, evil thinking, evil speaking and acting; and mortal mind, thus purged, obtains peace and power outside of itself."<sup>5</sup>

The results of spiritually basing our endeavors will become more evident *as we do it*. The joy we feel, the freedom we are gaining, the love we are giving, the good we are accomplishing, and the dominion we are exercising in our activities will be the fruits of our genuine efforts; they will be the rewards of our unselfed, righteous, God-centered thought and action.

<sup>1</sup> *Miscellaneous Writings*, pp. 267-268; <sup>2</sup> *Science and Health*, p. 599; <sup>3</sup> Rom. 10:3; <sup>4</sup> Luke 10:41, 42; <sup>5</sup> *Mis.*, pp. 204-205.

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*The work of righteousness shall be peace;  
and the effect of righteousness quietness  
and assurance for ever.*

Isaiah 32:17



# We're Never Caged

ELEANOR OWERS SMITH

Centuries ago Paul declared of God, "In him we live, and move, and have our being."<sup>1</sup> This is the truth of you and me today.

But are we believing we live in a material body? Are we being deluded into thinking that we are confined within certain dimensions, which determine what we can be and do? Do we feel that some activities are within our capability, but others are impossible? What are these restrictions but fictitious arguments of mortal mind, the fabricator of all limits?

At a circus recently, one act had a special lesson for me. Trained animals, brought to the ringside in cages and let out to perform, took their places in order, sat on stools, and walked about in an upright position. Back in their cages they did none of this. As I watched I thought, "How like a cage are our beliefs!" We have been led to believe we live inside a material body, which is subject to all sorts of physical and mental limitations—of heredity, climate, race, education. What a travesty of man, the image of God!

Christian Science reveals the wonderful truth that liberates us from these binding beliefs. God made man to be the splendid expression of Himself. Man is the pure reflection of spiritual being, the expression of God's thoughts, free from aggressive, restrictive suggestions. Fear, doubt, indifference, ignorance, apathy, are bars that would bind us to materiality. But they can be broken and destroyed through prayer.

Prayer frees us to see that we live in God, in divine Mind, not in a material body. The body is not man. It cannot think and act of itself. It is merely the objectification of material thoughts and attitudes, a screen upon which is projected mortal thinking. The body has no more power or intelligence to act than a pen has to inscribe words upon a paper. Mrs. Eddy writes, "Because the so-

called material body is a mental concept and governed by mortal mind, it manifests only what that so-called mind expresses.”<sup>2</sup>

Each moment we have an opportunity to express God’s pure, perfect thoughts. True thoughts prevent or destroy disease, wrongdoing, lack, death, which beset the mortal sense of life. That it takes patient, persistent effort to be free of this false sense, there is no doubt. That it must be done, Mrs. Eddy makes plain when she states specifically, “Christian Scientists must live under the constant pressure of the apostolic command to come out from the material world and be separate.”<sup>3</sup>

Through obedience to the apostolic command we progress into an ever increasing and expanding spiritual understanding of our true being. In Science you and I are never less than the man God created, the expression of intelligence, understanding, harmony, purity, joy, spiritual strength. Through deep insights into divine Truth, we find we are already this perfect, complete, beautiful manifestation of our Maker, because we see more clearly our true nature. As we are receptive to the truth of our being, the false mortal sense, and whatever discord it may be displaying, simply dissolve.

How fully Christ Jesus lived the spiritual qualities of his Father! It was his spirituality that drew others to him as he walked among the people, talked to them on the hillsides, and spoke with them in their homes. His human form or personality did not heal. It was the Christ, the divine ideal he so fully exemplified, which did the wonderful works.

In his true being each of us is an individual spiritual consciousness, never lodged in matter. Mrs. Eddy tells us, “Mortals will disappear, and immortals, or the children of God, will appear as the only and eternal verities of man.” And further on she continues, “Learn this, O mortal, and earnestly seek the spiritual status of man, which is outside of all material selfhood.”<sup>4</sup>

Nothing is lost, but all is gained when we separate ourselves from the cage of mortal beliefs. Through prayer we gain the spiritual understanding we need to be free. True prayer is a constant effort to express more of the qualities of God, to know that He is doing all the governing of our lives. “For he performeth the thing that is

appointed for me: and many such things are with him.”<sup>5</sup> How comforting to feel we are within Love’s ever-presence now, governed entirely by Love, never trapped in matter!

<sup>1</sup> Acts 17:28; <sup>2</sup> *Science and Health*, p. 376; <sup>3</sup> *ibid.*, p. 451; <sup>4</sup> *ibid.*, p. 476; <sup>5</sup> Job 23:14.

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# How Much Faith Do We Need?

ERNEST W. SEUSS

“I don’t have enough faith to heal,” said a sixteen-year-old in my Christian Science Sunday School class.

“Do you have *any* faith in God’s healing power and in Christian Science?” I asked him.

“Of course I do,” he answered.

“How much?” I queried.

“I don’t know. . . . Not 100 percent.”

“Could you muster 51 percent?” I continued.

“Oh, yes, that’s easy,” said he.

I then explained to him that all he needed to begin healing was more faith in God—in Truth, in Spirit—than in persons, matter, or mortal mind. I pointed out Mrs. Eddy’s statement in *Science and Health*, “When we come to have more faith in the truth of being than we have in error, more faith in Spirit than in matter, more faith in living than in dying, more faith in God than in man, then no material suppositions can prevent us from healing the sick and destroying error.”<sup>1</sup>

The next Sunday the student came to class beaming. He said: “I know now that I have enough faith. I healed myself this week of a bad cold.”

Christian Science is not a faith cure. It is Science based on un-



changing Principle, God. When we have a deep conviction that everything is possible to God, we gain the trust in Him that becomes the cornerstone of our faith. Then, through prayer and study of the Bible and of Mrs. Eddy's writings, our faith can blossom into an understanding of the truth that heals.

Christian Science reeducates our thought from beliefs of life and intelligence in matter to the beneficent knowledge and awareness of the Christ, Truth; of God as Life; and of divine Mind as the only intelligence. Our thought becomes Spirit-oriented instead of matter-based.

Christ Jesus pointed out the correlation between faith and healing. More than once he healed with the declaration, "Thy faith hath made thee whole."<sup>2</sup> After Jesus healed one case, his disciples asked him why they could not heal it. Jesus answered: "Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you. Howbeit this kind goeth not out but by prayer and fasting."<sup>3</sup>

What a challenge to us to have such faith! To remove a mountain may seem a tall order. But we can begin now by setting goals to remove smaller hills—to overcome a lingering faith in drugs, a hasty temper, a desire for cigarettes or alcohol, or a belief in sickness. These are obstacles we *can* remove. Through faith coupled with spiritual understanding we can experience healing, now.

We can refuse to believe that material thinking can impose limitations on us. Bad habits or sickness of long standing can be quickly healed as we awake to the true nature of God, who is Spirit, Mind, all-powerful Love, the perfect creator. We are never matter-controlled but are Principle-governed. In truth we don't live in a physical body. That is a lie about our real being, a dream from which Christian Science awakens us.

The real man—the true you and I—is the son of God, perfect, complete, immortal, inseparable from his Father-Mother. There and only there do we live. In Mind there exists no dualism. There are not two kinds of man, only the beloved sons and daughters of God.

It is helpful to measure our faith from time to time by checking our thoughts to see if faith in matter is diminishing. Are we demonstrating the Christ, Truth, more consistently? Progress need not be sensational, but it can be steady. Our faith will increase as we work on it. We need to grow to have as much faith as Christ Jesus had. Mrs. Eddy points out, "Our Master said, 'Heaven and earth shall pass away, but my words shall not pass away;' and Jesus' faith in Truth must not exceed that of Christian Scientists who prove its power to be immortal."<sup>4</sup>

Faith armed with love, gentleness, and compassion, and enlightened by inspiration helps us demonstrate Christ-healing. We surrender the weight of material thinking to the understanding of God's infinite power, and our faith becomes absolute, unshakable. Then we have the ability to remove mountains of discord and enjoy instead the consciousness of health and harmony.

<sup>1</sup> *Science and Health*, p. 368; <sup>2</sup> See, e.g., Matt. 9:22; <sup>3</sup> 17:20, 21; <sup>4</sup> *Miscellaneous Writings*, p. 111.

## THERE SPRINGS FIRST FAITH

Walled by limitation  
 the soil of thought grows barren  
 unrenewed  
 and hopes sprout slowly  
 sending wistful tendrils toward the gate.  
 Yet in that sterile place  
 from compost of the mortal hopes decayed  
 there springs first faith  
 and then conviction thrusting wide the gate,  
 opening to perception  
     verdant vistas  
     harvest promise  
 always waiting there beyond the walls.

JEAN M. LANGERMAN

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# When the Answer Is No

BARBARA-JEAN STINSON

Do we sometimes have a tendency to cling desperately to our present circumstances? Perhaps we've prayed earnestly to God for His help that we might preserve a relationship or situation dear to us. And yet the answer to our prayer seems to be no; for whatever we do, the relationship comes to an end or the situation changes.

At this point the despairing heart may cry out, "Oh, God, why haven't You answered my prayer?" Deep, genuine prayer is always answered by divine Love and in a way that will most bless us. The answer on the surface may appear to be no, and our undisciplined human longings rebel. But if we look more deeply through the light of Christian Science, we will find that God's answer is never anything but yes. Yes to life, to love, to happiness—to all the spiritual good that He is forever giving His children and that also meets the human need at every level.

Sometimes the best thing that can happen to one is to have some human desire apparently go unanswered. "Are earth's pleasures, its ties and its treasures, taken away from you?" Mrs. Eddy asks us. Then she reassuringly adds, "It is divine Love that doeth it, and sayeth, 'Ye have need of all these things.'"<sup>1</sup> Why do we need this lesson? If our thoughts are completely absorbed in the false belief that good exists in a material person, place, thing, or circumstance, we need to relinquish that sense of good and look higher to the permanent source of good—God.

Nothing can be lost by yielding to the divine purpose God has for us. Christian Science explains that matter itself is unreal and illusory because it is the opposite of the real, the allness of Spirit, God. Regardless of how good it may appear, matter in any form is still the



lie, not the truth of existence. Spirit, God, is Truth, and all good is found in God.

Why, then, do we not stop struggling to hang on to our present, fleeting sense of good and learn the lesson of surrendering our desires to the divine will? It is the surrendering of the material sense of good for the divine understanding of God as good that opens our eyes to the joys of God's kingdom.

How does one surrender? By turning his heart heavenward. If we cling to mortal feelings and emotions with painful or bitter regret when something we have desired is taken from us, we will be unable to see the yes answer that is really ever present. How much better to uplift our desires through study and prayer until our only desire is to feel God's presence and His love.

A young woman had this experience. She desperately wanted to marry a particular man, but circumstances made it impossible. Even though she clung to him and tried to use Christian Science to change the circumstances, the answer was clearly no. Eventually, with much mental anguish on her part, they had to go their separate ways.

Bleakness took over her thought for a while. But then she found herself with a group of people who were earnestly studying Christian Science. Their uplifted thoughts and joyful awareness that man's true selfhood is ever the reflection of God began to dissolve her sadness with the light of Love. She began to resolutely turn away from the belief that matter in any form had any good to offer her. She started holding her thoughts steadily to the simple truth that God loved her, that she was an individual expression of the divine presence and power which is God.

Spiritual radiance opened her eyes, her heart, and her consciousness so that she was prepared to see the yes answer meeting her particular need. After a while she discovered she was dating a man who was much more compatible with her in every way, and eventually they were happily married. She found she had surrendered to God, good!

God doesn't know us as married or unmarried, interested in marriage or not—as mortals in this or that human situation. But He does know us as His complete, fully satisfied spiritual ideas, and as we yield our thought to this truth—as we see something of His per-

fect control of man—we'll have what best fills our need under the circumstances.

Sometimes individuals painfully surrender a limited, material sense of goodness when they have no other choice. But they go no further than that. Unless the fading promises of matter are *replaced* by the glorious awareness of ever-present spiritual good, human experience may seem barren indeed. Surrender comes first, but then we must go a step further and lift up our understanding of good.

Man is the spiritual reflection of the omnipresent good, God. We need to cease looking to matter or material persons for permanent good and continually claim the good that is ours as children of God. Christ Jesus said, "Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be full."<sup>2</sup> We need to ask in the name of Christ, Truth, for our good. And we are doing just that if we have an expectancy of good from God, if we are living Godlike qualities, if we are properly identifying ourselves as the very expressions of infinite Love.

The specific manner in which good may appear in our lives will change from time to time. This is a natural, evolving process in which a limited sense of goodness is gradually cast off to make room for a diviner comprehension of good. In *Science and Health* Mrs. Eddy tells us: "All the real is eternal. Perfection underlies reality. Without perfection, nothing is wholly real. All things will continue to disappear, until perfection appears and reality is reached."<sup>3</sup>

So let us not be distressed when the answer seems to be no. We can be grateful for all the good the past has given us. And the present moment can be seen as still another opportunity to discover the permanent goodness of God, where the answer is always yes!

<sup>1</sup> *Message to The Mother Church for 1902*, p. 19; <sup>2</sup> John 16:24; <sup>3</sup> *Science and Health*, p. 353.

# The Trip to Washington

Douglas Arthur Staples



The year my eighth-grade class went on a week's field trip to Washington, District of Columbia, was the first time I'd been on my own. Before this, there'd always been another family member with me. I was caught up in the excitement of seeing the magnificent monuments and statues of people who'd made history. We went from the Capitol to George Washington's home outside the city in Virginia. Mount Vernon was beautiful. I could imagine Washington riding



about the green fields on his big horse two hundred years ago. It was hard to keep my mind on the present.

As I went to pay for a Mother's Day gift in a shop in Mount Vernon, I discovered my wallet was missing! I hurried back to the buses in which we traveled each day and looked, but I couldn't find it. This wallet contained all my spending money for the rest of the trip.

I telephoned my mother in New York, and she agreed to pray with me. Then I turned to God, trying to put into practice what I'd learned of Christian Science. I knew God would provide me with everything I needed and more.

But I went through the rest of the afternoon without finding the wallet, becoming more and more depressed. On the way to dinner that night I realized how unhappy I'd been, and that I hadn't enjoyed our activities. All day, as we toured different places, I'd been wondering where my wallet could be, and who might find it. I had believed it would be found by someone, but I'd been assuming whoever found the wallet wouldn't return it. Then I thought of what I knew of God's man. The Bible says, "God created man in his own image."<sup>1</sup> But I had been seeing man as greedy and dishonest. It was my seeing that needed to be corrected. In *Science and Health* Mrs. Eddy tells us, "Jesus beheld in Science the perfect man, who appeared to him where sinning mortal man appears to mortals."<sup>2</sup> I tried to see everyone as an idea of God, and my thought became more at peace.

As I walked out from dinner and onto my bus, there was my wallet on the floor, under a seat, with everything inside! I silently thanked God.

Loss is just as much an illusion of mortal mind as sickness is. It is our seeing that needs to be more clear. No good is ever really lost.

<sup>1</sup> Gen. 1:27; <sup>2</sup> *Science and Health*, pp. 476-477.

# Editorials



GEOFFREY J. BARRATT  
Editor

NAOMI PRICE  
Associate Editor

NATHAN A. TALBOT  
Associate Editor

## Holding to the Truth of Being

There is only one way to prove the scientific truth of being, and that is by holding to it.

This means consistently acknowledging the perfect action and works of God, no matter what seems to be denying their presence.

Too hard? Well, it surely may seem a heavy demand at times. But the Science of being—Christian Science—to which we aim to stick, also shows us the way we can do so. Holding to Truth, God, is not merely a matter of lonely mortal struggling. Christian Science proves that unity with God—not separation—is man's natural relationship with Him. Mary Baker Eddy tells us, "God holds man in the eternal bonds of Science,—in the immutable harmony of divine law."<sup>1</sup>

If we're having trouble getting rid of some problem or are victims of a nasty circumstance, we have to stick to the Science of being; maybe more steadily than we've been doing. If this seems beyond us, we don't have to despair or panic. Maybe we have unwittingly believed that God is remote and indifferent—that we can try sticking to Truth but that Truth doesn't always stick to us! If this is the case, we can take a radically different approach. We can acknowledge that God is holding man in Science, that Love always holds its idea, man, in perfect being.

Many people find it helpful to think of themselves as having their hand in the hand of divine Love. But, to look at the image from another aspect, we don't do this without divine Love, God, having our hand in His! Even though we may seem to be doing a mediocre job of clinging to Truth, the fact is that Truth is clinging to *us*

throughout all eternity, because Truth is unchanging, immortal Love.

Holding to the right, spiritual view of God and man will pull us out of any trouble. God is always with us, whether we realize it or not. We grasp the fact of the presence of God more firmly as we willingly let go a personal sense of God and of ourselves. Man is the spiritual idea of God and is always engaged in being that spiritual idea. Man is not a mortal trying to hold to God, nor is man a mortal who is being held by God.

Explaining the utility of adhering to the true view, Mrs. Eddy writes: "Mortals seem very material; man in the likeness of Spirit is spiritual. Holding the *right* idea of man in my mind, I can improve my own, and other people's individuality, health, and morals; whereas, the opposite image of man, a sinner, kept constantly in mind, can no more improve health or morals, than holding in thought the form of a boa-constrictor can aid an artist in painting a landscape."<sup>2</sup>

Under conditions that seem terribly trying, for how long should we hold to the truth of being? At what point should we drop trying to demonstrate Truth and turn to some other way out? Let's be clear: divine Love never lets us stay in a hopeless position—never makes such a state, never makes man capable of suffering. Sticking to this truth of being, even though we may seem to be at the very brink of catastrophe, we'll succeed to the degree we realize that our real, spiritual self, made in the image of Truth, never drifts from Truth and is never exposed to discord. The spiritual state of being, the only state of being, is that in which Truth and its immortally-cared-for idea are one.

Mortal sense may seem to argue, "Why don't you turn to me and stick with me? Doing so would be common sense—and it's a much easier path." In our real being, we can never stick to mortal sense, nor can it stick to us. In spiritual reality there *is* no mortal sense. Even if there were, its path would lead to a dead end, and taking it would not be common sense. We can reject mortal persuasions on this basis.

We need never fear or shun the demand of holding to the truth of being. But we do need to hold to it through spiritual understanding. Then our sticking is bound to be successful. In our real self-



hood we always stick with Truth, because our unity with Truth is maintained by divine law.

Christ Jesus knew and taught the need for definiteness in distinguishing between the real and the unreal, the immortal and the mortal. He put it graphically: "No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon."<sup>3</sup>

It eases the way when we know that man is not a finite personal entity trying to prove spiritual facts. Man is the perfect and infinite expression of Spirit. The Science of being shows that man's real selfhood immortally holds to God, and God to him. This is the healing truth of being.

GEOFFREY J. BARRATT

<sup>1</sup> *No and Yes*, p. 26; <sup>2</sup> *Miscellaneous Writings*, pp. 61-62; <sup>3</sup> Matt. 6:24.

## "I shall not want"

God supplies all our needs. That's a promise. Whatever we require for a spiritually happy, harmonious, contented, fulfilling life is assured. We can be certain that we will never lack anything that is essential to our well-being. As the Psalmist sang, "The Lord is my shepherd; I shall not want."<sup>1</sup>

But what if we feel discontented because we think we want something we don't really need? What if we think we want to possess an object or to have something occur that would turn out to be bad for us? How does that Bible promise apply then?

God gives us all we need, but He does not give us things we don't need or that in the long run would do us harm, just because we wrongly believe we want them. However, this doesn't mean we will at times have unfulfilled desires. It's still a fact that the Lord, the one God, or divine Love, is our Shepherd—that God is the all-wise, all-loving giver of everything we need. The statement "I shall not want" is still valid.

In the case that we haven't been supplied with all we want

because we think we want things we don't need or should not have, we can be assured that God, infinite Mind, has supplied us with the intelligence to know exactly what it is we truly do require and the wisdom to recognize that we don't really need—or, in fact, even want—those other things. It will follow, then, that we won't anymore even believe we want such objects. We will be completely happy and satisfied without them. Wisdom will have put an end to discontent.

The spiritual man God made is invariably His perfect reflection. He is always whole, intact, satisfied. He has no needs or wants. He never lacks anything he requires for his good. He is fulfilled, never discontented. Completeness is the eternally established fact of every individual son and daughter of God, and Christian Science shows that we can all demonstrate this ideal state of contentment when we understand that the divine Principle, the creator, of true being is not only the loving Father and giver of all good but also infinitely intelligent Mind. God's love is matched by His wisdom, and the men and women He creates know with assurance that He has given them the qualities and ideas that perfectly promote their spiritual development and prosperity. We are able to prove these facts and benefit from them now.

No thinking person really wants to have something that is going to turn out to be harmful or even inappropriate later on. Like a child who is attracted to a lion cub and pleads to take it home, probably most of us have made the mistake of longing to possess or do something that wouldn't be right for us. Our longing was not satisfied in that instance, but our discontent was dissolved as the understanding developed that the "want" was not according to wisdom. As a child would no doubt eventually appreciate his parents' wisdom in not granting him his wish to own a young lion, so we often learn from circumstances that we have been saved from getting into situations that would be wrong.

But sometimes the legitimacy of our wants is not easily assessed. We need more than the wisdom of human perspective to tell us with certainty whether our wants are needs that we can intelligently hope to have realized, or whether they really are not. Something we want may appear not only right for ourselves but beneficial to many others. Under these conditions we may humanly conclude that in

this instance we can safely expect God to supply it speedily. When He does not, discontent and perplexity may set in and increase with each added day of disappointment. This is when we need to have God's help, and to know He will supply wisdom in this time of doubt.

Christ Jesus directed his disciples to approach God with humility and trust—to acknowledge the all-power and wisdom of the divine Father. “Not as I will, but as thou wilt,”<sup>2</sup> he prayed for himself in the Garden of Gethsemane. And to this day his followers pray, “Thy will be done in earth, as it is in heaven.”<sup>3</sup>

In 1905 Mrs. Eddy published a message to the members of her Church, including this thought, “I cited, as our present need, faith in God's disposal of events.”<sup>4</sup>

It was just such a faith that caused the Psalmist to say with certainty, “I shall not want.” It was just such faith that enabled Mrs. Eddy to write in *Science and Health with Key to the Scriptures*, “Desire is prayer; and no loss can occur from trusting God with our desires, that they may be moulded and exalted before they take form in words and in deeds.”<sup>5</sup>

Equipped with such faith, we can always be assured that we ourselves will never want. God gives us faith, and He supplies us, too, with wisdom to purify our desires and the intelligence to understand which of them are profitable and which are not. When we claim these qualities and put them into practice, we must be fully satisfied.

NAOMI PRICE

<sup>1</sup> Ps. 23:1; <sup>2</sup> Matt. 26:39; <sup>3</sup> 6:10; <sup>4</sup> *The First Church of Christ, Scientist, and Miscellany*, p. 281; <sup>5</sup> *Science and Health*, p. 1.

*And the Lord shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.*

Isaiah 58:11



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## Testimonies of Christian Science Healing

What a joy to express gratitude for a happy home! Christian Science is teaching me that the quality of my thought can enrich my life, and I have found this particularly applicable in a marriage to one who is not a student of Christian Science.

A few years ago it became necessary for me to get a much clearer understanding of Love. My marriage had broken down, and I had returned to my parents' home along with our children. Christian Science had met my needs from childhood, and so at this point a Christian Science practitioner was contacted, who agreed to help me through prayer.

As I turned to God and became willing to let Him show me the next step, I began to see that in reality I was a complete idea, expressing both the masculine qualities of strength and courage, and the feminine qualities of gentleness, tenderness, and love. I was not dependent on another individual for my happiness and completeness; and this was true for all God's ideas. I saw I couldn't afford to hold on to a false concept of my husband as out of God's embrace. He was just as much God's idea as I was. I had been accepting as real a lot of false suggestions, and consequently these had robbed me of my happiness. It became clear that our relationship needed to be based on the spiritual nature of man and that I must start by expressing the qualities I wished to see evidenced in my experience.

After a short period I returned home, willing to accept my husband. At the same time I felt ready to take my stand for Principle. The situation improved. I endeavored to express more unselfed

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The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

love, showing patience, tenderness, and humility, and found these being returned.

A year later, my husband, willing to acknowledge that Christian Science had brought about the change, supported my desire to take Christian Science class instruction. This really was the turning point in our home. Class instruction helped me gain a much clearer understanding of the allness of God and of His dear love for all mankind. Harmony, peace, and the joyful sense of unselfish sharing have continued to bless our home.

Healings of earache, of temporary deafness in both ears, and of what is medically referred to as a heart murmur have taken place through reliance on the teachings of Christian Science. In the latter case I was told by the physician attending the birth of my son that there was concern for the baby, and I would not be allowed to take the child home with me at that time. Fear tried to overwhelm me, but I turned to God, and these words from the Bible came as if they were being spoken to me (Isa. 41:10): "Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness." I contacted a Christian Science practitioner, and treatment was given. Later in the day I was informed that I would be able to take the baby home with me, but that I would have to return with him regularly for checkups. I returned him for an examination forty-eight hours later and was asked to bring him again when he was eight weeks old.

Christian Science teaches that we can rest assured that in God's harmonious control all is well, in spite of the physical evidence before us. Throughout this period we told no one, apart from a close relative who was a student of Christian Science, nor was the ailment mentioned in the home. I constantly affirmed the fatherhood and motherhood of God and endeavored to replace fears with the truth of man—the perfect child of God, who is altogether lovely. Mary Baker Eddy's statement in *Science and Health with Key to the Scriptures* was particularly helpful (p. 463): "A spiritual idea has not a single element of error, and this truth removes properly whatever is offensive."

When we returned to the hospital, we were completely discharged. The child showed no trace of the difficulty whatsoever.

A false sense of responsibility was uncovered through my own prayerful study. I had been plagued with backache for several days without relief. I was praying to know what it was in my thought that needed to be ruled out. As I sat quietly one evening, these words poured into my thought (*Christian Science Hymnal*, No. 291):

What tomorrow may betide  
Calmly to Thy wisdom leave;  
'Tis enough that Thou wilt care,  
Why should I the burden bear?

I had been extremely busy for Christmas, caught up in the pre-Christmas rush. I saw immediately how I had allowed myself to be mesmerized by a worldly concept of Christmas. The healing was instantaneous. I let go of false responsibility and started to respond to God's control.

I am grateful for the dedicated work of Christian Science practitioners; and I am humbly grateful to God for the example of Christ Jesus and for Mrs. Eddy. Through the teachings of Christian Science I am learning to meet all challenges, knowing that "all things work together for good to them that love God" (Rom. 8:28).

(Mrs.) JEAN ADRIENNE HOWCROFT  
Stockport, Cheshire, England



[Original in Spanish]

With great joy and love I relate a few of many healings our family has experienced through Christian Science.

With sincere joy I thank God for Mrs. Eddy and for His having given me the great blessing of being able to give up, almost effortlessly, alcoholic beverages, a vice I was a slave to for some years. I was able to apply the statement in Genesis (1:27), "God created man in his own image," and to recognize myself as the image of God. I was also able to apply the wonderful truths from a Christian Science pamphlet containing articles that show how man as God's spiritual idea cannot be enticed by habits such as drinking and smoking.

My wife and I were suffering from frequent headaches. We were



healed by repeating and learning to understand "the scientific statement of being" in *Science and Health* by Mrs. Eddy. It includes these words (p. 468): "Spirit is God, and man is His image and likeness. Therefore man is not material; he is spiritual."

The most frequent healings that have occurred in our family have been those of common grippe. Healing came by denying reality to such ills, placing our confidence in God, and through inspiration gained from reading *The Herald of Christian Science*. We have often based our healing work on a careful study of the chapter "Teaching Christian Science" in *Science and Health*.

I can most sincerely recommend this great healing method, Christian Science.

CARLOS A. LÓPEZ GALVEZ  
Cali, Valle, Colombia



I am deeply grateful for the guidance, protection, good health, and the many other blessings that have been mine since I have been a student of Christian Science.

In the *Sentinel* of June 23, 1956, I testified of my healing of total blindness. It has now been over thirty-five years since my sight was restored, and I have continued to have good vision and to read all that I want to.

Early one morning a few years ago, a severe pain developed in my leg. It seemed I could not get relief. I prayed for myself as I had learned to do in my study of Christian Science, but the pain continued and I became fearful. As Mrs. Eddy states in *Science and Health* (p. 420), "If students do not readily heal themselves, they should early call an experienced Christian Scientist to aid them." This I did, and within the hour I was free of pain and able to return to my work.

While the practitioner prayed for me, I gave my attention to two statements she had asked me to ponder in *Science and Health*: "Hold thought steadfastly to the enduring, the good, and the true, and you will bring these into your experience proportionably to their occupancy of your thoughts" (p. 261) and "When the illusion of sickness or sin tempts you, cling steadfastly to God and His idea.

Allow nothing but His likeness to abide in your thought" (p. 495). I then reasoned thus: Since God made man in His likeness, man is perfect. In my true nature I am the man of God's reflection—perfect, harmonious, and free. I was healed, and there has never been any return of the difficulty.

More recently I had an experience that reminded me how important it is to see God's perfection in all His creation. A friend asked me to look at a severe rash she had on her body and asked me what I thought it was. I suggested ivy poisoning, as she had been on a hunting trip the day before. I thought no more about it until I found myself the next morning with the same skin irritation. I denied the power of a physical law that might cause ill effects from bodily contacts with plants, and I realized that God holds His creation forever perfect. During the day the skin irritation disappeared, not only from my own body but from my friend's also.

I am grateful to God for the saving Christ revealed in the man Christ Jesus, our great Way-shower, for the help of Christian Science practitioners, for class instruction, and for the spiritual inspiration gained at our annual association meeting.

(Mrs.) WILLIE J. BELL  
Denton, Texas



[Original in French]

It is with great joy and deep gratitude that I express my thanks for Christian Science—for all the many blessings and healings, and for the protection I have received.

Recently I was healed of acute heart pains. Because of the discomfort I seemed unable to pray for myself. Therefore I telephoned a Christian Science practitioner, who gave me good effective treatment that reassured me and helped me to rest. The next day I was able to return to my work without too much difficulty. Later I was completely well.

The healing of a nervous breakdown is one of the first healings that encouraged me to persevere in the study of Christian Science. I went to a Christian Science Reading Room where I spent several

hours reading and finding calm and comfort by consulting the Reading Room's abundant and rich literature. The encouragement of the librarian helped to free me from the illness.

I appreciate very much the kindness and all the evidence of love with which good friends surround us. I am grateful for the Wednesday evening testimony meetings and Sunday services, for the beautiful music and the hymns. The articles in *The Herald of Christian Science*, French Edition, from which one may continuously draw new spiritual ideas and treasures, have been an inspiration to me.

Reading and study of the Bible, and *Science and Health* by Mrs. Eddy enable us to understand God as Truth, Life, and Love and to demonstrate the healing Christ as revealed in Christian Science, the promised Comforter.

How wonderful is the work for which our Father-Mother God inspired Mrs. Eddy, the Discoverer and Founder of Christian Science! Words cannot express my gratitude and admiration for all the evidence of good and the works that demonstrate God's power in our lives. "Glory to God in the highest, and on earth peace" (Luke 2:14). This message at the birth of Christ Jesus is the same today.

ARMAND PETTER  
Geneva, Switzerland



It was my blessing to have a mother who desired a practical and demonstrable religion, who visited services of churches of various denominations and diligently searched, until she found Christian Science. From the age of five I was enrolled in the Christian Science Sunday School.

While in high school my grades were average. After I decided to read a section of the Lesson-Sermon in the *Christian Science Quarterly* each morning, my grades in school improved. I was encouraged to read the entire Lesson-Sermon every day. This resulted in the opportunity for me to continue on to college with a solid understanding of God as Mind and of man as reflecting divine intelligence.

Later I had a healing when a sewing needle deeply pierced my finger. At first, instead of rejecting the thought of infection as I

should have, I ignored the need. When the finger became uncomfortable and abnormal in size, I turned to God in prayer. My dad saw the hand and expressed concern and suggested medical help. This is when I took a definite stand and told him I was relying on Christian Science. The purity of God's spiritual idea, man, was affirmed, and all the symptoms of infection and swelling disappeared within hours. This was my first healing of a bodily ailment through prayer, and it has inspired me through the years, enabling me to meet other situations with confidence.

Three of our children were born at home harmoniously with the treatment of a Christian Science practitioner and the assistance of a Christian Science nurse.

A painful abdominal difficulty occurred when my thoughts were overcome by lack of money, lack of time, lack of joy and interest. My attitude was one of complaint. I needed to loose myself from these burdensome thoughts and replace them with gratitude. As soon as I did, the healing resulted instantly.

Much cause for gratitude was revealed to me. In our family the needs of each one have been met through a growing realization of the certainty and ever-presence of divine Love.

When I was elected Second Reader in a Christian Science Society, my past history had been one of self-consciousness, shyness, and inadequacy. Thus it was with gratitude that a complete sense of harmony prevailed. Helpful to me were the truths that man does not fear, he lives confidently in God's goodness; man does not do anything of himself, but reflects the Father's will. This relieved me of false responsibility and enabled healing to take place. When called upon to introduce a Christian Science lecturer, I was prepared and had no anxiety.

The most rewarding experiences of my life have concerned Christian Science—membership in Christian Science college organizations, employment with The Christian Science Publishing Society in Boston, branch church work, class instruction, and the joy of helping to organize a new Christian Science Society. Mrs. Eddy's revelation is responsible for my continued health, activity, and well-being.

(Mrs.) GLORIA HOLMAN KOVACS  
Glastonbury, Connecticut



"A demonstration of the facts of Soul in Jesus' way resolves the dark visions of material sense into harmony and immortality" (*Science and Health*, p. 428). This quotation of Mrs. Eddy's reminds me of how Christian Science resolved the "dark visions" I experienced for several years with poor eyesight. I had previously been healed of inflamed eyelids and of the aftereffects of measles in my eyes, by my own prayer. Through daily study of the Lesson-Sermon in the *Christian Science Quarterly*, prayer to spiritualize my thought, and active church work, I was determined to heal this condition of blurred vision and be free of the need to wear glasses.

Through the realization of God's goodness I endeavored to see all of God's ideas as good, to love others, and to focus on the inherent good in each individual. I began to pray more for myself. The definition of "eyes" in the Glossary of *Science and Health* was helpful. It begins (p. 586): "EYES. Spiritual discernment,—not material but mental." I memorized the answer to the question "What is man?" given in *Science and Health* (see pp. 475-477). This gave me a clearer comprehension of the real man, God's image. I reminded myself often that it was God, Mind, that was all-seeing, not matter or mortal mind, and that I was in reality God's reflection. I memorized these passages so that I could repeat and ponder their meaning day or night. Another passage that proved so valuable is (*Science and Health*, p. 486): "Sight, hearing, all the spiritual senses of man, are eternal. They cannot be lost. Their reality and immortality are in Spirit and understanding, not in matter,—hence their permanence."

Three years ago for the first time in our state we were required to take an eye examination to qualify for a driver's license. I was apprehensive about it. Yet I felt my eyesight was improving, as I had been seeing more clearly to read, and I was certain I could pass the test. To my dismay I could hardly read any of the letters. The one in charge suggested it might be nervousness but said I would have to go to an optometrist. The next day was my license expiration date. I got an appointment with an optometrist, but before I went for my test, I called a Christian Science practitioner to pray for me.

The optometrist gave me an unhurried examination. I had taken with me an old pair of glasses that I had used only occasionally.

He had me put them on. I could see part of the letters. Then he told me to take them off. I could read everything on the chart! He said I didn't need glasses. I left that office praising God for this healing and grateful to the practitioner for her help. I took the optometrist's report back to the driver's license office; it was accepted and I got my license. I have not worn glasses since. I am now able to read the smallest print with no difficulty and see distances clearly, for which I am most thankful.

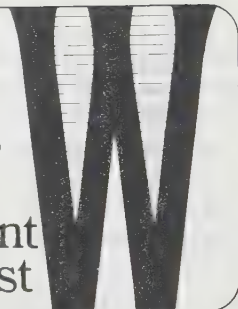
Several years ago I became ill with a lung condition and high fever. I had never had an illness of this nature before. My husband became quite concerned and suggested material remedies, but he never insisted on calling a doctor. I asked for treatment from a Christian Science practitioner, since my own efforts to heal myself through prayer brought little result. Having always been able to meet any illness readily, I felt impatient at the delay in this healing. I continued to work faithfully with the practitioner to see my true selfhood and my inseparable relationship with God, Life, Truth, and Love. I pondered the ninety-first Psalm, especially the third verse: "Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence." I was so thankful for the patience of my husband and the whole family, and for the help of the practitioner at this time. My complete healing came, and there were no aftereffects.

I cannot be grateful enough for my membership in The Mother Church and in our local branch Church of Christ, Scientist. The latter has given me many opportunities to work on various committees. I have depended on Christian Science for healings since my children were babies, and it has always met our needs.

My first testimony was printed in *The Christian Science Journal* of October 1962. I thank God for Christ Jesus, the Way-shower, and his follower, Mrs. Eddy, who made it possible for mankind to avail themselves of Christian Science.

(Mrs.) GLENNA M. FRYAR  
Valley Center, Kansas

# Words of Current Interest



Related to the Lesson-Sermon  
for May 29, 1977, in the  
CHRISTIAN SCIENCE QUARTERLY—  
BIBLE LESSONS

Subject: Ancient and Modern Necromancy,  
allas Mesmerism and Hypnotism,  
Denounced

## **My times are in thy hand** (Ps. 31:15)

The word translated “times” has several possible connotations, including “point in time; lapse of time; right time or circumstance; end or final time; time of trial, adjudication, and vindication; fortune.”

## **Thou shalt hide them in the secret of thy presence from the pride of man (Ps. 31:20)**

The word translated “pride” connotes “slander, plotting, gossip,” and so is closely paralleled in the second half of the verse by “strife of tongues.”

## **His marvellous kindness in a strong city (Ps. 31:21)**

The Psalmist draws an analogy here between the security of citi-

zens within a walled city during a siege and those trusting in God in times of trouble.

## **Quit you like men (I Cor. 16:13)**

The Greek verb contains the word for “man,” which connotes, more than simple humanity or sex, a sense of heroism, dignity, and courage. *The New English Bible* translates, “Be valiant.”

## **Daughter of the Chaldeans** (Isa. 47:1)

Chaldea was a territory in southern Babylon from which came a dynasty of kings, as well as numerous diviners. In post-exilic times, the term “Chaldean” denoted those who practiced divination for a living.

## **Vain vision nor flattering divination** (Ezek. 12:24)

“Vain” and “vanity” are used regularly by the King James translators in their original meaning—referring not to pride but to emptiness, worthlessness, futility, foolishness. Compare 13:6, 9. Diviners, as professionals, depended for their livelihood upon the reliability and pleasantness of their predictions. They sometimes, therefore, said things designed simply to ingratiate themselves; or amid despair they predicted glory—but far off. These “tricks” pale before the words of the prophet, inspired by the powerful, true, and living God.

The Lesson-Sermons contain Bible references (King James Version) and correlative passages from “Science and Health with Key to the Scriptures” by Mary Baker Eddy.

# Christian Science Lectures



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

## ENGLAND

**DERBYSHIRE—Derby:** Derby Playhouse, Eagle Centre, 3 p.m., Sun., June 19.‡ "A New View of Prophecy" (Thorneloe)

**TYNE AND WEAR—Tynemouth** (First, Whitley Bay): Park Hotel, Ballrm., Grand Parade, North Shields, 7.30 p.m., Thurs., June 16. "Dare to Care" (Houston)

**WEST YORKSHIRE—Huddersfield:** YMCA, St. Peters St., 3 p.m., Sat., June 18. "See It Like It Is" (Houston)

## FRANCE

**Enghien-les-Bains:** Salle des Fêtes, 30 rue de la Libération (Face au Casino), 4 p.m., Sun., June 19. In French. "God Is Where You Are" (Girardin)

## SCOTLAND

**LOTHIAN—Edinburgh** (First): Church, Inverleith Ter., 8 p.m., Tues., June 14.‡ "Dare to Care" (Houston)

**STRATHCLYDE—Helensburgh:** Church, 140 W. Princes St., 8 p.m., Mon., June 13. "See It Like It Is" (Houston)

## UNITED STATES AND CANADA

(Week of May 29 to June 4, some earlier and some later dates)

### CANADA

**ONTARIO—Hamilton:** Winston Churchill School, 1715 Main St., E., 3.15 p.m., Sun., May 29. "The Complete Man and Woman" (Heafer)

**Kitchener:** Church, 64 Water St., N. and Francis, 3 p.m., Sun., May 29. "The Spiritual Viewpoint" (Correll)

**Owen Sound:** Church, 900 First Ave., W., 3.15 p.m., Sun., May 29.‡ "Your Unlimited Opportunities" (McGrew)

**St. Catharines:** Holiday Inn, Lake St. and QEW, 8 p.m., Tues., May 31. "The Spiritual Viewpoint" (Correll)

**Stratford:** Church, 308 Erie St., 8.15 p.m., Mon., May 30.‡ "What Is Life?" (Heafer)

**Toronto** (First): Church, 196 St. George St., 8.15 p.m., Mon., May 30. "The Spiritual Viewpoint" (Correll)

### UNITED STATES

**CALIFORNIA—Atascadero:** Church, 7660 El Camino Real, 3 p.m., Sun., May 29.‡ "A Lesson from a Bridge" (Tuttle)

**COLORADO—Boulder:** Church, 13th St. and Mapleton, 8 p.m., Tues., May 31.‡ "Drift or Direction in Life?" (Kenyon)

**Denver** (First): Church, 14th Ave. and Logan St., 3 p.m., Sun., May 29.‡ "Christian Science: Its Healing Practice" (Kenyon)

**CONNECTICUT—Danbury:** Church, 145 Deer Hill Ave., 8.15 p.m., Thurs., June 2.‡ "Responding to the Word of God" (Anwandter)

**Mystic:** Church, 5 Gravel St., 3 p.m., Sun., June 5.‡ "Individualizing God's Power" (Pickett)

**West Hartford** (First, Hartford): University of Hartford, Millard Auditorium, 200 Bloomfield Ave., 11 a.m., Sat., June 4.‡ "Why Spiritual Healing?" (McClain)

**Westport:** Bedford Junior High, 170 Riverside Ave., 8.30 p.m., Tues., May 31. "Liberation Through Christ" (Anwandter)



## CHRISTIAN SCIENCE SENTINEL

**ILLINOIS—Downers Grove:** High School North, Main and Grant, 3 p.m., Sun., May 22.† “Finding Reality Through Prayer” (Heard)

**IOWA—Davenport:** Clayton House Motel, E. River Dr. and Le Claire St., 8 p.m., Mon., May 30.† “The Healing of Moral Weakness” (Plimmer)

**Muscatine:** Church, 401 E. Sixth St., 8 p.m., Tues., May 31. “Christian Science: The Discovery of the Healing Christ” (Plimmer)

**KANSAS—Liberal:** Church, Eighth and Clay Sts., 8 p.m., Tues., May 31.† “A New View of Prophecy” (Thorneloe)

**Pittsburg:** See local notice for place and hour. Fri., June 3. “A New View of Prophecy” (Thorneloe)

**Wichita (Second):** Century II Theatre, 225 W. Douglas Ave., 8 p.m., Thurs., June 2.† “The Law of Christian Science Healing” (Thorneloe)

**LOUISIANA—Gretna:** Holiday Inn, 100 Expy., 3 p.m., Sun., May 29.† “Divine Love Is the Only Mind” (Crichlow)

**Shreveport (First):** Church, 3201 Centenary Blvd., 8 p.m., Tues., May 31.† “Divine Love Is the Only Mind” (Crichlow)

**MAINE—Augusta:** Church, 6 Williams St., 2 p.m., Sat., May 21.† “Your Right to Be Right” (Pickett)

**Damariscotta-Newcastle:** Second Congregational Church, Newcastle, Rte. 1, 8 p.m., Thurs., May 19. “Your Right to Be Right” (Pickett)

**MASSACHUSETTS—Acton:** Acton-Boxborough Regional Junior High, Rte. 111, (Massachusetts Ave.), 3 p.m., Sun., June 5.† “The Power of God” (Rivas)

**Clinton:** See local notice for place. 5 p.m., Sun., June 5.† “There’s Only One Real Ego” (Correll)

**Falmouth:** St. Barnabas Memorial Hall, Main St., 8 p.m., Fri., June 3.† “Become What You Are!” (Rogers)

**Ipswich:** Church, 5 N. Main St., 3 p.m., Sun., May 29.† “Become What You Are!” (Rogers)

**Lynn-Swampscott:** Church, 153 Lynn Shore Dr., Lynn, 3.30 p.m., Sun., June 5.† “Spiritual Abundance Is God’s Law” (Alton)

**Plymouth:** Governor Carver Motor Inn, Summer St., 3 p.m., Sun., June 5. “Why Spiritual Healing?” (McClain)

**Quincy:** Church, 20 Greenleaf St., 8 p.m., Tues., May 31.† “From Hell to Heaven” (Rogers)

**Rockport:** Congregational Church, 12 School St. See local notice for hour. Sun., June 5.† “The Law of Christian Science Healing” (Thorneloe)

**Salem:** Church, 16 Lynde St., 3.30 p.m., Sun., June 5.† “From Hell to Heaven” (Rogers)

**Winthrop:** Church, 165 Winthrop St., 3.30 p.m., Sun., June 5.† “Drift or Direction in Life?” (Kenyon)

**MICHIGAN—Royal Oak:** Church, 900 W. Fourth St. and Oakdale, 8 p.m., Tues., May 31.† “The Complete Man and Woman” (Heafer)

**MINNESOTA—Brainerd:** Park United Methodist Church, 315 N. Sixth St., 8 p.m., Thurs., June 2.† “Reality: Matter or Mind?” (Ferris)

**MISSOURI—Excelsior Springs:** Church, 115 W. Excelsior St., 3 p.m., Mon., May 30. “Finding Reality Through Prayer” (Heard)

**Kansas City (First):** Church, Ninth St. and Forest Ave., 7 p.m., Sun., May 29.† “Keeping Pace with God” (Plimmer)

**Warrensburg:** Church, Culton and College Sts., 3 p.m., Sun., May 29. “Finding Reality Through Prayer” (Heard)

**NEW HAMPSHIRE—Concord:** Church, N. State and School Sts., 8 p.m., Fri., June 3.† “Christian Science: Its Healing Practice” (Kenyon)

**NEW JERSEY—Orange:** Church, 24 Cleveland St., 4 p.m., Sun., May 29.† “How to Love and Be Loved” (Alton)

**Teaneck:** Church, 1075 Queen Anne Rd. and Rte. 4, 8.30 p.m., Thurs., June 2.† “Spiritual Abundance Is God’s Law” (Alton)

**NEW YORK—Binghamton:** Roberson Center, 30 Front St., 8 p.m., Mon., May 23.† “What Is Life?” (Heafer)

**NEW YORK** (continued)

**Bronx** (Sixteenth): Church, 3170 Third Ave., S.E., 161st St. and St. Anns Ave., 3 p.m., Sat., June 4.‡ In Spanish. "Life Without Lack" (Mondino)

**Great Neck**: Church, 46 S. Middle Neck Rd., 8.30 p.m., Thurs., June 2.‡ "Get Your Life in Balance" (Driver)

**Johnstown** (First, Gloversville): County Courthouse, Main St., 11 a.m., Sat., June 4. "Divine Love Is the Only Mind" (Crichlow)

**Mamaroneck**: Emelin Theater, Library Lane, 11 a.m., Sat., June 4.‡ "Reality: Matter or Mind?" (Ferris)

**Nyack**: Church, Cedar Hill Ave. and S. Broadway, 3.30 p.m., Sun., May 29.‡ "Responding to the Word of God" (Anwandter)

**Port Jervis**: Church, 20 E. Main St., 8 p.m., Thurs., June 2.‡ "Divine Love Is the Only Mind" (Crichlow)

**Rome**: Masonic Hall, 620 N. Washington St., 3.30 p.m., Sun., May 29.‡ "Get Your Life in Balance" (Driver)

**Tarrytown**: Church, 190 Benedict Ave. and Prospect St., 8 p.m., Fri., June 3.‡ "Get Your Life in Balance" (Driver)

**NORTH DAKOTA**—**Bismarck**: Church, 407 Ave. C, E., 7.30 p.m., Thurs., May 19.‡ "The Touch of Spirit" (Clarke)

**OKLAHOMA**—**Ada**: Church, 1309 E. 18th St., 3 p.m., Sun., May 29. "A New View of Prophecy" (Thorneloe)

**TENNESSEE**—**Memphis** (joint lecture): First Church of Christ, Scientist, 458 N. Perkins Rd., 8 p.m., Thurs., June 2.‡ "The Complete Man and Woman" (Heafer)

**VIRGINIA**—**Alexandria**: Holiday Inn, 480 King St., 8 p.m., Tues., May 31.‡ "Get Your Life in Balance" (Driver)

**WASHINGTON**—**Enumclaw**: Church, 1752 Wells St., 8 p.m., Tues., May 31.‡ "A New Beginning" (Jenks)

**Seattle** (Sixth): Church, 42d Ave., S.W. and S.W. Lander St., 3 p.m., Sun., May 29.‡ "Something to Depend On" (Jenks)

**WISCONSIN**—**Lake Geneva**: Church, Wisconsin and Broad Sts., 3 p.m., Mon., May 30.‡ "The Touch of Spirit" (Clarke)

**Menomonee Falls** (First, Cedarburg): Holiday Inn, Hwy. 41 and Brown Deer Rd., 8 p.m., Thurs., June 2.‡ "The Touch of Spirit" (Clarke)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

## NOTICE TO CORRESPONDENTS

Officers of branch churches and individuals who have occasion to correspond with The Christian Science Board of Directors, with the Clerk and the Treasurer of The Mother Church, and with the heads of departments of The Mother Church Officers are requested to *place their complete addresses on their letters and to write their signatures plainly*. Your cooperation will be appreciated. General mail address for The Mother Church and its administrative office is: The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115. Telephone: 262-2300 (area code 617). Cable: Church, Boston.

## **"WORDS" COLUMN WILL MOVE TO THE JOURNAL**

The "Words of Current Interest" column, a longtime feature of the *Christian Science Sentinel*, will move to a new location. Beginning with the June issue, the "Words" will become a regular column in *The Christian Science Journal* and will include citations from each of the Bible Lessons for the month. The move will make the column more readily available and useful to people worldwide.

## **THE CHRISTIAN SCIENCE PERIODICALS**

The following periodicals were founded by Mary Baker Eddy, the Discoverer and Founder of Christian Science, and are published by The Christian Science Publishing Society, One Norway Street, Boston, MA, U.S.A. 02115:

**THE CHRISTIAN SCIENCE JOURNAL:** Monthly in English; \$14.00 a year, \$7.00 six months, \$1.25 a copy.

**CHRISTIAN SCIENCE SENTINEL:** Weekly in English; \$17.50 a year, \$8.75 six months, 50c a copy.

**THE HERALD OF CHRISTIAN SCIENCE:** Editions published monthly: French, German, Portuguese, Spanish. Each edition \$7.00 a year, 75c a copy. Editions published quarterly: Danish, Dutch, Greek, Indonesian, Italian, Japanese, Norwegian, Swedish. Each edition \$2.00 a year, 50c a copy. English-Braille, Grade Two, published quarterly, \$1.00 a year, 25c a copy.

**CHRISTIAN SCIENCE QUARTERLY—BIBLE LESSONS:** Quarterly in English, Danish, Dutch, French, German, Greek, Indonesian (available only in Indonesia), Italian, Japanese, Norwegian, Polish, Portuguese, Spanish, Swedish. Each edition \$3.25 a year, 90c a copy. Study size \$4.50 a year, \$1.25 a copy; in *English-Braille*, Grade Two, with all citations from the Bible and *Science and Health* written out in full, \$2.50 a year (12 issues), 25c a copy.

**THE CHRISTIAN SCIENCE MONITOR** (regular daily edition): An international newspaper published daily, Monday through Friday, except legal holidays, in English; available to subscribers worldwide; \$45.00 a year, \$37.50 nine months, \$25.00 six months, \$12.50 three months, 25c a copy.

**THE CHRISTIAN SCIENCE MONITOR** (international weekly edition): An international newspaper published weekly in English; not available to persons living in the United States, Canada, or Mexico; \$37.50 eighteen months, \$25.00 a year, \$12.50 six months, 60c a copy.

You may subscribe for these periodicals directly from The Christian Science Publishing Society in Boston or obtain them from a Christian Science Reading Room in your community.



## Letters to the Press

From Christian Science  
Committees on Publication

*New Haven Register*  
New Haven, Connecticut

A reference in a news item which appeared in the Register some weeks ago ("Mother, 3 Others Booked. . .," September 30) may have left some readers with the impression that Scientology and Christian Science have a good deal in common.

In fairness to both groups, it needs to be pointed out that their teachings are basically dissimilar in direction as well as in detail.

Christian Science in the last analysis rests on a deep study and understanding of the Bible. Its focus is on spiritualization of thought and Christianization of life rather than physical well-being. Far from relying on psychological techniques and manipulation of the human mind to improve one's condition, it looks to the rule set forth by Jesus Christ himself.

"Seek ye first the kingdom of God, and his righteousness; and all these (other) things shall be added unto you."

LEONARD K. NELKE  
Committee on Publication

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## SUBMITTING TESTIMONIES

Convincing testimonies of healing in Christian Science are welcomed for publication from members of The Mother Church and from students who are not members. If possible, they should be typed, triple spaced, on one side of the paper only and with wide margins. A testimony should be concise and include only the important points necessary to tell of the healings. Thus more testimonies can be published. Testimonies should be signed by the testifier and verified by three members of The Mother Church who can vouch for the integrity of the testifier or have witnessed the healings. If the testifier is unacquainted with three members, his affidavit may be sufficient, but in this case he should, if possible, obtain verification from one or two members. The testifier should submit the verifications with the testimony. Complete addresses of the testifier and his vouchers should be furnished.

All contributions accepted for publication become the sole property of The Christian Science Publishing Society.

Testimonies should be addressed to The Christian Science Publishing Society, Journal, Sentinel, and Herald Editorial Department, One Norway Street, Boston, MA, U.S.A. 02115.



## **CHURCH SERVICES AND READING ROOMS**

A directory of all Churches of Christ, Scientist, and Christian Science Societies, including the hours of their services and information about their Reading Rooms, appears monthly in *The Christian Science Journal*.

### **The Mother Church**

The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, is located near the corner of Massachusetts and Huntington Avenues.

The Church edifice is open to visitors Mondays through Fridays from 10 a.m. until 4:30 p.m., and Saturdays and Sundays from 12 noon until 4:30 p.m.

### **SERVICES**

Sunday morning at 10:45, Sunday evening at 7:30 (evening service omitted during July and August), and Wednesday evening testimony meeting at 7:30.

Sunday services in Spanish are held in the Original Edifice at 9:30 a.m., and a testimony meeting in Spanish the first Wednesday of each month at 6 p.m.

A supervised Children's Room is provided during all Sunday church services and the Wednesday evening testimony meetings.

Sunday School for pupils up to the age of twenty at 10:45.

### **READING ROOMS**

101 Belvidere Street (north end of Church Colonnade, Christian Science Center). Open Mondays through Fridays from 7:15 a.m. to 7 p.m., also Wednesdays from 8:30 p.m. to 9:30 p.m., Saturdays and holidays from 10 a.m. to 5 p.m., Sundays from 12 noon to 7 p.m.

194 Massachusetts Avenue (corner of Clearway Street). Open Mondays through Fridays 7:15 a.m. to 9 p.m., Wednesdays until 7 p.m., Saturdays from 8 a.m. to 5 p.m. Closed Sundays and holidays.

541 Boylston Street (across from Copley Square). Open Mondays, Tuesdays, Thursdays, and Fridays from 8 a.m. to 7 p.m., Wednesdays from 8 a.m. to 6 p.m., Saturdays and holidays from 10 a.m. to 5 p.m. (closed Thanksgiving, Christmas, and New Year's Day), Sundays from 1 to 5 p.m.

8 Milk Street (near Washington Street). *Jointly maintained with branch churches in the Greater Boston area.* Open Mondays through Fridays from 8 a.m. to 4:15 p.m., Saturdays from 9 a.m. to 4 p.m. Closed Sundays and holidays.

## CHRISTIAN SCIENCE PRACTITIONERS

Public practitioners of Christian Science are available and ready to assist you by prayer, if you need their help. A worldwide list of those who are professionally engaged full time in this healing work can be found in *The Christian Science Journal*. This periodical is obtainable at any Christian Science Reading Room. For a Reading Room in your locality see telephone directory.

## INTERNATIONAL MONEY ORDERS AND DOLLAR DRAFTS

International money orders and dollar drafts reaching the Publishing Society in Boston contain only the name and address of the sender and the amount. To help us serve you better, will you please write to us at the time you purchase the money order or dollar draft and tell us what your remittance is for. This will enable us to avoid the delay caused by the necessity of writing to you. Dollar drafts purchased from your local bank can be processed more quickly than international money orders.

## MOVING OR VACATIONING?

Here's how you can receive the best service on a permanent or temporary change of address for your subscription to any Christian Science periodical. Send the Circulation Service Department the following information:

- (1) Full name (as it reads on your subscription label), *former* address, name of each periodical you want changed, and whether on Convenient Payment Plan. *It is always best to include mailing labels from the periodicals involved, when possible.*
- (2) *New* address including street, city, state, country, ZIP or post code.

Address changes for *The Christian Science Monitor* and the other Christian Science periodicals may be made by allowing four to six weeks. Changes should be for periods of no less than two weeks.

Send the above information for subscription changes to The Christian Science Publishing Society, Circulation Service Department, One Norway Street, Boston, MA, U.S.A. 02115.

Please note that changes in permanent mailing addresses for the membership records of The Mother Church are *not* covered by requests to the Circulation Service Department for subscription changes. For address changes in the Church files members should notify The First Church of Christ, Scientist, Clerk's Department, Christian Science Center, Boston, MA, U.S.A. 02115.

## LECTURE NOTICE

Detailed information regarding lectures in the United States and Canada must reach the Journal, Sentinel, and Herald Editorial Department *nine weeks* before the week in which the lecture is to be given in order to ensure publication in the *Sentinel*. Information regarding lectures in other countries must reach the department *ten to fourteen weeks* before the week of the lecture. When lectures are to be radiocast, it should be so stated, station and frequency being included. When Children's Room facilities are to be available, this also should be stated.

The receipt of all information from the United States and Canada is acknowledged by the Editorial Department. If an acknowledgment is not received within two weeks, a duplicate notice should be forwarded.

For lecture announcements to be published in the *Herald*, please refer to information on the back of the Lecture Information forms supplied to branch churches.

## VISITORS WELCOME

### FORMER HOMES OF MARY BAKER EDDY

1908-1910 *Chestnut Hill, Massachusetts*—400 Beacon Street. An exhibit traces Mrs. Eddy's role as Founder and Leader of our movement—preaching, teaching, writing, and commenting on issues still current.

#### Visiting Hours

May 1-October 31: 10 to 5 weekdays (including Saturdays);  
2 to 5 Sundays

November 1-April 30: 10 to 4 Saturdays only; 2 to 5 Sundays

Closed all holidays except Memorial Day (last Monday in May) and  
Bunker Hill Day (June 17)

1875-1882 *Lynn, Massachusetts*—12 Broad Street, where Mrs. Eddy completed her manuscript for *Science and Health with Key to the Scriptures*. It was while living here that Mrs. Eddy initiated many foundational steps in establishing the Christian Science movement. These include the formation of the Christian Scientist Association; the Church of Christ, Scientist; the Massachusetts Metaphysical College. Here also Mrs. Eddy was ordained as Pastor of her Church.

#### Visiting Hours

May 1-October 31: 10 to 5 weekdays (including Saturdays);  
2 to 5 Sundays

November 1-April 30: 10 to 4 Saturdays only; 2 to 5 Sundays

Closed all holidays except Memorial Day (last Monday in May)  
and Bunker Hill Day (June 17)

# TESTIMONY MEETINGS

Meetings at which testimonies of Christian Science healing are given are held in Christian Science churches on Wednesdays. A cordial invitation to attend these meetings, as well as the Sunday services, is extended to all. Information telling where and when these are held is given in the Directory in *The Christian Science Journal*.

# A CONTINUING INVITATION

Members of The Mother Church are invited to write articles and poems for the periodicals. Convincing testimonies of healing are also welcomed from members, as well as from those who have not yet joined The Mother Church.

Specific guidelines may be obtained by writing The Christian Science Publishing Society, Journal, Sentinel, and Herald Editorial Department, One Norway Street, Boston, MA, U.S.A. 02115. Manuscripts should be sent to the same address.

All contributions accepted for publication become the sole property of The Christian Science Publishing Society.

**This will bring you the Sentinel each week.**

**CHRISTIAN SCIENCE SENTINEL**

Box 125, Astor Station, Boston, MA, U.S.A. 02123

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F2A



# A LIVING FAITH BUILDS A LIVING CHURCH

Even in a time when the value of religion is being questioned on all sides, faith, shining out from individual hearts, still carries its message.

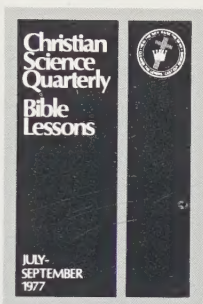
It offers reassurance and hope, which people everywhere are looking for. More than that, it shares the knowledge of God—of His presence, power and goodness—which brings the answer to their needs.

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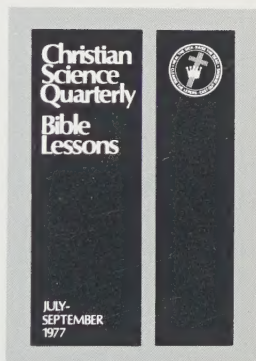
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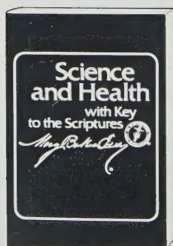
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